



Invisalign Teen (or Invisalign First) Participation Contract

Yes, I want straighter teeth and a healthier, better looking smile without braces.

I understand that maturity and cooperation are needed for a successful Invisalign Teen (or Invisalign First) program.

Therefore, I agree to the following:

1. I will wear my aligners for **at least 22 hours** a day. I will wear my aligners at school, and during all social activities. I will wear them to sleep also.
2. The only time I will remove my aligners is when I **eat breakfast, lunch, and dinner**. I will **brush my teeth after meals** (or at least rinse with water at school).
3. I will **NOT drink soda** (or juice or sports drinks) when wearing my aligners (because soda has acid and will cause permanent white stains and cavities on teeth). I can only **drink water** with my aligners on.
4. Whenever my aligners are not in my mouth, I will store them in my Invisalign Case. I will **NOT wrap them** in paper napkins (because they get thrown away accidentally).
5. I will keep my aligners clean with a toothbrush. I will rinse my mouth daily with **Flouride rinses** (Colgate, Crest, or ACT).
6. I will **NOT flip them** on and off of my teeth (as a "fun" habit). Flipping or chewing on them will break the aligners.
7. I understand that if I do not live up to the terms of this Contract, then I will accept metal orthodontic braces **without argument**.
8. I understand that there are additional charges to switch to braces. The **additional charge is \$600 to \$1200**.

Invisalign Teen (or First) Patient

Date

Parent/Guardiiian

Date